

















Figure 1. Experimental design. The left diagram shows the sequence of trials with different starting conditions and target positions. The right diagram shows the sequence of trials with different starting conditions and target positions.

of the starting condition and target position. The starting condition was either 'm' (middle) or 'M' (maximal) and the target position was either 'W' (width) or 'V' (vertical).

The right diagram shows the sequence of trials with different starting conditions and target positions. The starting condition was either 'm' (middle) or 'M' (maximal) and the target position was either 'K' (knee), 'M' (maximal), or 'E' (end).

The sequence of trials was randomised. The starting condition and target position were indicated by arrows pointing to the respective elements in the sequence.

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